



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Birthday's
2nd Louis H.
5th Karl B.
8th Art T.
11th Arlen J.
14th Joan A.
24th Marcia W.

Staff Birthday's
14th Morgan S.
21st Karen B.
28th Sierra W.
31st Kimmy R.

October 2026

Garden Place - Waterloo

Baked Turkey w/ Gravy Stuffing Peas & Carrots Grapes Fish Sandwich Macaroni & Cheese Tartar Sauce, Pickles Texas Sheet Cake		1	Biscuit & Gravy Louis's Birthday Meal! Roast Beef, Corn Mashed Potatoes w/ Gravy German Chocolate Cake w/ Vanilla Ice Cream Cup Chicken Salad Slider, Chips Bread & Butter Pickles Cheesecake		2	Pork Tenderloin Baked Potato w/ Sour Cream Cauliflower Peaches French Dip w/ Au Jus Wedge Fries Pickle Spear Heath Brownies Simchat Torah Begins		3
Stuffed Green Peppers Au Gratin Potatoes Mixed Vegetable Watermelon Ham Salad Sandwich Potato Chips Blueberry Muffin		4	Karl's Birthday Meal! Liver & Onions or Salisbury Steak, Green Beans Mashed Potatoes w/ Gravy Cucumber & Tomato Salad Pumpkin Pie Chicken Bacon Swiss Slider Cup of Broccoli Soup Pudding		5	Spaghetti w/ Meat Sauce Garlic Stick Caesar Salad Cantaloupe Open Face BBQ Pulled Pork Deviled Eggs Pasta Salad Better Than Anything Cake		6
German Pork Chops Sauerkraut, Buttered Parsley Potatoes, Carrots Applesauce Popcorn Shrimp Wedge Fries Ice Cream Cups		11	Arlen's Birthday Meal! Country Fried Steak, Mashed Potatoes w/ White Gravy Green Beans Chocolate Cream Pie Rueben, German Potato Salad / Bread Pudding Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)		12	Chicken Alfredo Garlic Bread California Mix Grapes BBQ Riblet w/ Pickle Chips Sweet Potato Fries Angel Food Cake		13
Beef Stroganoff Buttered Noodles, Roll Broccoli Orange Slices Chicken & Waffles Maple Syrup Hashbrown Patty Fresh Fruit Cup		18	Taco Salad w/Sour Cream & Salsa, Refried Beans Spanish Rice Orange Sherbet Monterrey Ham Hoagies Hawaiian Coleslaw Honey Bun Cake		19	BBQ Pork Steak Potato Salad Baked Beans Peaches Chicken & Cheese Flatbread Tossed Salad Strawberry Cream Pie		20
Mostaccioli Garlic Bread Cauliflower Pears Tuna Salad on Roll Potato Chips Pickled Beets Carrot Cupcakes		25	Marcia's Birthday Meal! Fried Chicken, Mashed Potatoes w/ Brown Gravy Green Beans, Applesauce Pumpkin Pie w/ Topping Beef Stew Cornbread Orange Fluff		26	Bacon Wrapped Pork Buttered Parsley Potatoes Glazed Carrots Strawberries Cheeseburger Soup (Hamburger, Potatoes, Carrots) Bread Stick Pineapple Sheet Cake		27
			Coffee with Cops Breakfast Casserole w/ Biscuit & Gravy Cheeseburger, Lettuce, Tomato, Onion, Pickles French Fries, Ice Cream Bars Bowl of Potato Soup Turkey & Cheese Wrap 4 Laver Dessert		7	Art's Birthday Meal! Fried Chicken Mashed Potatoes w/ Gravy Baked Beans 7-up Cake w/ Pistachio Cool Whip Topping Sloppy Joe Tater Tots Pumpkin Bread		8
			Cinnamon Roll Joan's Birthday Meal! Kielbasa, Fried Potatoes Mixed Vegetables Homemade Cornbread White Cake w/ White Icing Roast Beef & Cheese Fried Green Beans w/ Ranch Banana Pudding Dessert		14	Baked Ham Mashed Sweet Potatoes Asparagus Mandarin Oranges Chicken Philly Sandwich Onion Rings Fruit Pizza		15
			French Toast Chicken & Dumplings Mixed Vegetables Biscuit Apple Pie Hot Dog on Bun Cup of Chili Jell-O w/ Topping		21	Biscuit & Gravy Baked Salmon Macaroni & Cheese Stewed Tomatoes Watermelon Tomato Soup Grilled Cheese Goopy Butter Cake		16
			Biscuit & Gravy Cornmeal Catfish Nuggets Tartar Sauce, Hushpuppies Sweet Potato, Creamy Slaw Cantaloupe Hamburger Pizza Tossed Salad Pound Cake w/ Strawberries		23	Pork Strips w/ Honey Mustard Baked Potato w/ Sour Cream Creamy Slaw Pears Brat on Bun Cucumber & Tomato Salad Jell-o Poke Cake		17
			Biscuit & Gravy Pork Sausage Mashed Potatoes w/ Gravy Fried Cabbage Pineapple Cheese Tortellini w/ Alfredo Broccoli & Garlic Bread Mandarin Orange Cake		22	Pork Fritter Mashed Potato w/ White Gravy, Corn Grapes Meatball Sub Italian Pasta Salad Apple Turnovers		24
			Omelets Meatloaf Hashbrown Casserole Peas w/ Pearl Onions Watermelon BBQ Chicken Slider Deviled Eggs Macaroni Salad Cherry Cheese Delight		28	Biscuit & Gravy Shrimp Alfredo Mixed Vegetables Roll Mandarin Oranges Pancakes Sausage Patty Hashbrown Patty Cinnamon Bread		30
			Salisbury Steak Mashed Potatoes w/ Gravy Corn Pears Chicken Pot Pie Biscuit Cobbler Halloween		31			

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